



KAWARTHA
Hockey
Centre

Women's Hockey Lessons-2009 Programs

Kawartha Hockey Centre is pleased to be offering two Women's Hockey Lessons program during the 2009-10 hockey season. The programs are aimed at beginner and recreational skilled female players ages 18 and over. Full hockey equipment is required for the programs. Both programs focus on skating, puck control, passing and shooting skills. The full season program includes off-ice instructional sessions and a practice sweater! Maximum 30 participants plus 2 goaltenders per program

Annual Early season program (4 sessions)

Dates	Sundays September 13, 20 & 27, October 4
Time	8:30-9:30 pm
Location	Kinsmen Arena, Peterborough
Program Fee	\$100.00

Full season Program (18 sessions)

Dates	Mondays October 19- December 14, 2009 & January 11 – March 8, 2010
Time	5:30-6:30 pm
Location	Warsaw Arena
Program Fee	\$375.00, includes hockey sweater, off-ice instruction

**For more information please contact
Kawartha Hockey Centre
(705) 741-0975 info@kawarthahockey.com
www.kawarthahockey.com**